

# Early Childhood Behavioral Supports in the Monadnock Region



**When young children show  
challenging behavior  
it can be hard to know where to turn.**

## **HERE'S WHO YOU CAN CALL**

Are you concerned by your child's behavior and want information on how to respond? Call one of these programs to learn more. We are here to help.

*Most services are offered at no or limited cost to the family.  
Medicaid and private insurance may be billed in some cases.*

### **PARENTING & IN-HOME RESOURCES**

The **Family Resource Centers** listed below are great places to start. You can talk with someone about your child's behavior, connect with other families, and get help with parenting. Most services are available for families with children of all ages (prenatal – 18-years-old):

- **Healthy Starts at HCS** – helps families in all towns throughout the Monadnock Region (603) 352-2253
- **The Grapevine Family & Community Resource Center** helps families in Antrim & surrounding towns (603) 588-2620
- **The River Center Family & Community Resource Center** helps families in Peterborough, Jaffrey & surrounding towns (603) 924-6800

Also, **Monadnock Family Services (MFS)** offers a parent education series for any interested families (603) 357-4400

Help where you need it  
when you need it.

## DEVELOPMENTAL & EDUCATIONAL RESOURCES

When families find their child's behavior makes learning difficult or want more information about how their child is growing and learning, contact:

- **Early Supports and Services (ESS)** at **Monadnock Developmental Services (MDS)** for a referral for children birth to 3-years-old. \*MDS offers family support for children over 3-years-old. (603) 352-1304
- The **Special Education** office at your local school district for a referral for children over 3-years-old.

## COUNSELING

Children, youth, and families can benefit from one-on-one discussions to better understand and handle difficult behaviors:

- **Monadnock Family Services (MFS)** – offices in: Keene (603) 357-4400; Winchester (603) 239-4376; Peterborough (603) 924-7236
- **Waypoint** – offices in Keene (603) 518-4005
- **Maps Counseling Services** – offices in Keene and Peterborough (603) 355-2244
- **PATH Integrated Health** – offices in Keene and Brattleboro, VT (603) 747-9565

## PEDIATRIC EVALUATIONS

For a developmental diagnostic evaluation for children under the age of 7, contact one of the following:

- **Child Development Clinics – DHHS Special Medical Services** – Medicaid & private insurance accepted (603) 271-4488
- **Child Development Program – Children's Hospital at Dartmouth-Hitchcock (CHaD)** (603) 653-6060
- **Elliot Developmental & Behavioral Pediatrics** (603) 663-3222

## OTHER RESOURCES

For other parenting supports and resources, please visit:

- **211 New Hampshire** – call 211 or (866) 444-4211 or visit <http://www.211nh.org/>
- **NAMI NH** – <https://www.naminh.org/find-support/familiesfriends-of-children/parent-support-groups/>
- **NH Association for Infant Mental Health** – <http://www.nhaimh.org/>

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For more information contact (603) 218-2325.



Because we all  
need a helping  
hand sometimes!

