

Friendly Meals Grab 'n Go Menu

December
2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Lasagna Rolls with Marinara Meat Sauce & Mozzarella Broccoli Florets Melon	2 Cheese Omelet Rice Pilaf with Vegetables Broccoli Florets Seasoned Applesauce	3 Beef Steak with Sauce Baked Beans Italian Vegetables Mandarin Oranges with Cream	4 Chicken Fingers with Duck Sauce Home Fries Green Beans Pineapple Tidbits
7 Cheese Ravioli with Meat Sauce Parmesan Cheese Winter Mixed Vegetables Fruit Yogurt Parfait	8 Chicken Chow Mein Chow Mein Noodles Vegetable Brown Rice Pilaf Japanese Vegetables Diced Pears	9 Shepard's Pie with Corn & Mashed Potatoes Green Beans Apricots	10 Sweet-n-Sour Roast Pork Rice Pilaf with Vegetables Spinach Pineapple Tidbits	11 Penne Pasta with Meat Sauce Parmesan Cheese Brussels Sprouts Apple
14 Roast Pork with Warm Applesauce Mashed Potatoes Mixed Vegetables Chocolate Pudding	15 Sliced Scalloped Potatoes with Chicken Wax Beans Whole Beets Chocolate Chip Cookie	16 Mild Chili with Black & Cannellini Beans Vegetable Rice Pilaf Four Vegetable Blend Pineapple Tidbits	17 Beef Stew with a Biscuit Winter Mixed Vegetables Tapioca Pudding with Peaches & Cream	18 Broccoli Quiche Stewed Tomatoes Brussels Sprouts Pears
Holiday Dinner 21 Cranberry Sauce Stuffed Chicken Breast Apple Cranberry Stuffing Mashed Potatoes Carrots Pumpkin Cake 	22 Turkey a la King Mashed Potatoes Italian Blend Vegetables with Cannellini Beans Zucchini Cake	23 Panko Pork Cutlet with Brown Sauce Sweet Potatoes Spinach Pear Crisp with Cream	24 Chicken & Biscuits Mashed Cauliflower Carrots Pumpkin Cake with Craisins and White Chips	25 <i>Friendly Meals will be CLOSED in observance of the holiday.</i>
28 Macaroni & Cheese Green Beans Peas & Mushrooms Mandarin Oranges	29 Baked Penne with Beef California Blend Vegetables Fruit Cocktail	30 Spinach, Bacon & Onion Quiche Green Beans with Red Peppers Applesauce with Cinnamon	31 Sweet-n-Sour Beef Steak Vegetable Rice Pilaf Garden Vegetables Mandarin Oranges	

Milk and bread are served with meals. A dietetic dessert is available upon request. The menu is subject to change.